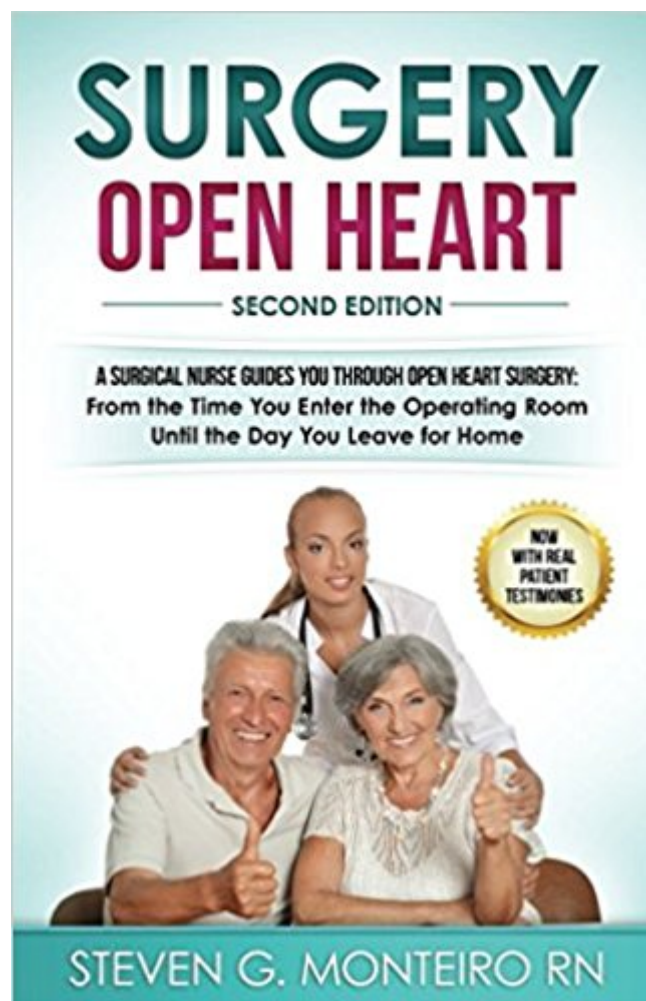




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# Surgery Open Heart: A Surgical Nurse Guides You Through Open Heart Surgery



## Synopsis

Learn Step by Step the Entire Experience of Open Heart Surgery There are benefits and risks involved in every surgery, especially one as important as open heart surgery. By following the up-to-date guidelines in this book, you can minimize your risks and achieve a great outcome from your cardiac surgery. A surgical nurse with over 20 years of operating room experience guides you through your open heart surgery. Understand each step of the process, from your diagnosis, tests, surgery, and recovery -- to what you can expect the day you finally return home. Learn about all the healthcare providers you will encounter. What are their roles? What are their expectations of you? Who is the best? This book answers all those questions The truth is, surgery is scary. Open heart surgery is probably ranked as one of the most frightening surgeries -- it is an unknown to most people. The very thought of heart surgery creates fear and anxiety in most people: Am I going to make it through this operation? Is something going to go wrong? Am I going to die?!" Surgery: Open Heart will answer all these questions, plus many more. Wherever you are on this journey -- whether you're just receiving your diagnosis, days away from a scheduled surgery, or even recovering from surgery at home -- this book will help you stay strong and focused. The primary purpose of this book is to help you reach your goals for life after open heart surgery: returning to work, enjoying walks with your family, playing sports, fishing, or even just resting in your favorite chair and watching TV

• Purchase Surgery: Open Heart today! Let's get you in to the operating room, past the recovery room, and safely home with your family -- where you belong! Here Is A Preview Of What You Will Learn

- Your Initial Diagnosis, Tests, and Preparations
- How to Pick the Best Surgeon
- What to Do the Night Before Surgery
- Your Surgical Day: Operating Room Staff
- What Happens While You're Sleeping
- Who is Actually Doing the Cutting
- Recovering in the ICU
- Inpatient Ward: Getting Closer to Home
- Home Sweet Home
- Helpful Websites
- Understanding Valve Surgery
- Choosing the Right Heart Valve
- TAVR (Transcatheter Aortic Valve Replacement)
- Atrial Fibrillation and Treatments
- Heart Bypass Surgery vs. PCI Stenting
- ASD (Atrial Septal Defect)
- VSD (Ventricular Septal Defect)

\* All with real patient testimonies about their experiences with open heart surgery Purchase Surgery: Open Heart today for only \$8.95 ! Please visit our Facebook Group "Surgery Open Heart" and talk with our thousands of members who have already experienced what you are about to encounter!

## Book Information

Paperback: 175 pages

Publisher: Medical Education Publishing, LLC (May 29, 2017)

Language: English

ISBN-10: 0999080806

ISBN-13: 978-0999080801

Product Dimensions: 5.5 x 0.4 x 8.5 inches

Shipping Weight: 10.1 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 18 customer reviews

Best Sellers Rank: #926,547 in Books (See Top 100 in Books) #43 in Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Surgery > Vascular #137 in Books > Medical Books > Medicine > Surgery > Thoracic & Vascular #446 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Heart Disease

## Customer Reviews

Personally I loathe hearing medical words and definitions, even if it's a serious illness. I mean what's the point when I can't understand half of it. This book is a relief from all the Googling I did on this subject. In some places different tips and situations, or additions and such things are included. For example there was one defining a situation where the father sends his son to get blood drawn instead of him since he is afraid of needles. To complicate matters more, both father and son had the same names. Luckily before the surgery this was found out, surgery cancelled and the father sent for his own blood test. This is written in simple English (i.e. no big medical terms) and would be an essential read for both the patient and their family to get a better impression of the surgery and their situation.

This book is an eye opener and educating. I was never aware of how many pre-op tests there are for open-heart surgery. I have learned that a CT scan also called the Cardiac Computerized Tomography test is essentially an x-ray of your heart. What is also interesting about this test is that with the aid of a computer, this test combines several x-ray images to produce a cross section of your heart. That is why I love this book! It educates the reader on numerous diagnosis, pre-tests and preparation for open heart surgery. Also I loved how fast this book was delivered to my digital library so I can begin reading. I suggest you buy this book thank you and God bless.

It's so nice to have information written from a health care person's perspective, written for patients. Getting first hand information about things you wouldn't even think about or are perhaps curious about (but have no clue who to ask) makes this book a great read. This book isn't very many pages

(54) but it's worth every cent. It has answered a lot of questions for me. If there's ever an expanded edition I would absolutely buy it too.

This is the single most useful thing I read for my peace of mind when preparing for my open heart surgery. The author, a surgical nurse, lead me through the usual surgical experience in the hospital in a way that left me feeling ready to handle it. The post-op tips were down-to-earth and nicely oriented towards my comfort rather than just medical necessity. And it's a short enough read that you can insist that your loved ones read it as well (there are tips in there for them as well). I'm not generally a fan of online books, but buying this one is a no brainer. Buy it!

I did not like this book. It was very matter of fact. It was clinical. It had little to no preop info or advise. It also included info like "being cut open with a recipercating type saw" information she hesitated to include. This book offered only details in my opinion and I do not feel better having read it. I have since read several online OHS survivor accounts and to me they offered a more real life account of what to expect and how to better prepare.

The book offers clear, factual information on what to expect as a patient undergoing heart surgery. It gives helpful insights on the best way to prepare for the surgery and what to expect while you are in the hospital. It also cheer leads you through your 12 week post surgery recovery.

I read this book to help me understand the journey we are starting. Our insurance will be flying us away to a hospital and I was concerned being away from family and wanted to know more before leaving our comfort zone what to expect. I believe this book as done just that. Simple, direct, easy to understand.

Thank you so much for this book! Our son was born with a complex case of TGA & had his first open heart at 6 days old. He is now 26 preparing for his second open heart to replace his aortic valve, aortic root & pulmonary valve. Took so many notes while reading your book that I urged both my husband & son to read it. Thank you!

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